Present continuous:

Subject + verb to be in present simple + gerund (-ing)

The teacher is explaining the present continuous or progressive.

Once = una vez, twice= dos veces, three ….one million times

Conditional 0: present + present

If you look to the east, you see the sunrise.

Conditional 1: present + future simple

If you insist, I will kill you.

Conditional 2: past + conditional

If I were you, I wouldn’t go to that place.

If I had money, I wouldn’t work.

Conditional 3: past perfect + conditional perfect

If I had known the truth, I wouldn’t have gone there.